



# Older Adult Travel Ideas

## Including Local & Car- Free Options



**Community for  
Positive Aging**

FORMERLY KNOWN AS  
HOLLYWOOD SENIOR CENTER  
& THE GIVING TREE



## Today's Speakers

Paul Iarrobino  
Linda Johnston  
Vinita Malin  
Jim Rico

# Shuttle Buses



# Groome Shuttle Service

**Connecting Portland to  
Eugene, Corvallis, Albany,  
Salem & Woodburn**

[https://groometransportation.com/portland-airport/eugene/?&sd\\_client\\_id=f3843ac3-bad9-458c-a06c-f810909ed83d](https://groometransportation.com/portland-airport/eugene/?&sd_client_id=f3843ac3-bad9-458c-a06c-f810909ed83d)



# POINT Bus

Fully ADA accessible and lift-equipped buses with several destinations from Portland

<https://www.oregon-point.com/route-landing/>





# Flix Bus

Routes between Oregon and  
neighboring states

<https://www.flixbus.com>



# TriMet and Portland Streetcar



# MAX

<https://trimet.org/guide/max.htm>

Light Rail connects Portland City Center with Beaverton, Clackamas, Gresham, Hillsboro, Milwaukie, North/Northeast Portland and Portland International Airport.





# TriMet Buses

<https://trimet.org/>



# Portland Streetcar

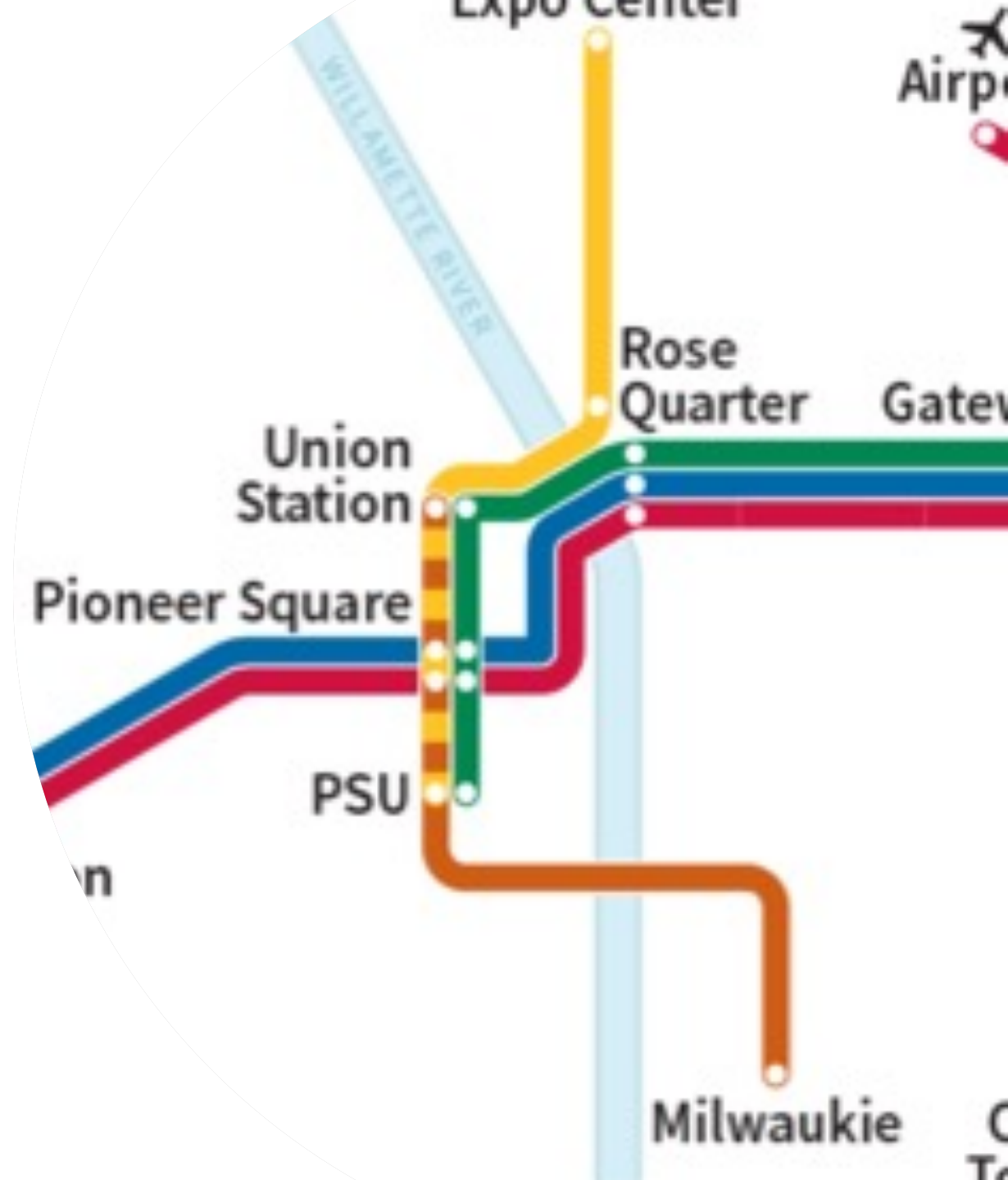
<https://portlandstreetcar.org/>



# TriMet Trip Planner and Transit Tracker

<https://trimet.org/#/planner>

<https://trimet.org/#/tracker/stop>





# TriMet Honored Citizens Fares

<https://trimet.org/fares/honoredcitizen.htm>

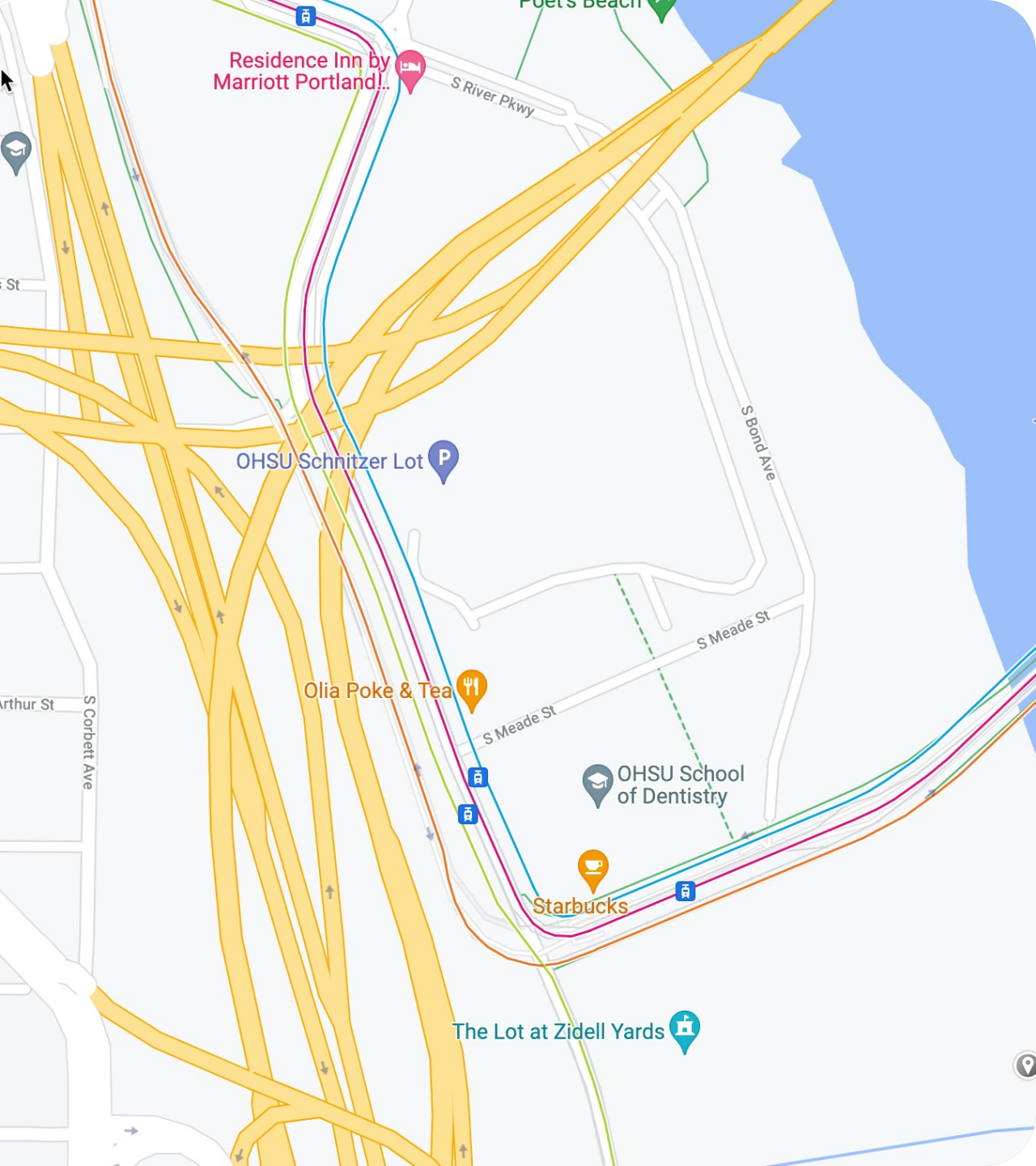




# TriMet Honored Citizen Hop Card

<https://trimet.org/fares/hc-card.htm>

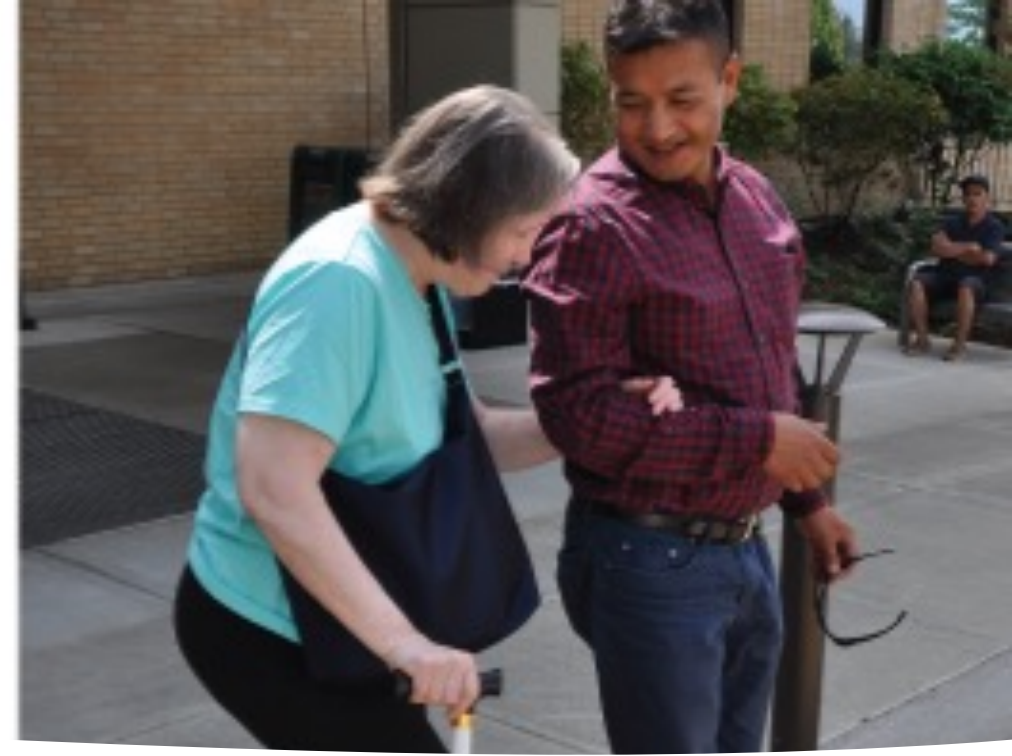




# Google Maps

## Integrated Modes of Transportation

<https://www.google.com/maps/about/>



# Ride Connection

503-226-0700

<https://rideconnection.org/>

Door-to-door rides  
Ride Wise travel training program  
Rider's Club





# Portland Parks & Recreation

**They offer public transportation trip planning classes, van excursions, etc.**

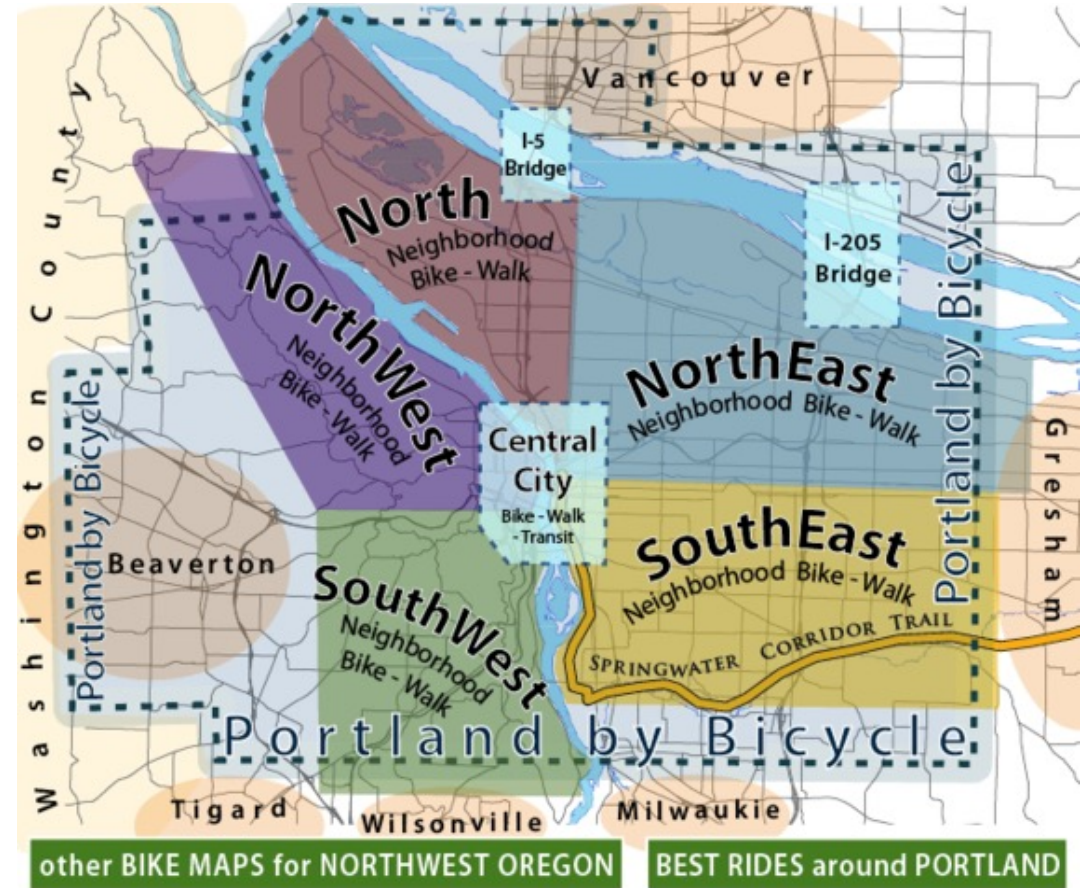
<https://www.portland.gov/parks/register>



# Portland Smart Trips

Interactive walk and bike maps

<https://www.portlandoregon.gov/transportation/43801>





# Amtrak

<https://www.amtrak.com/home>

**Frequent Deals and promotions,  
including senior discount**





# Meetup

<http://www.meetup.com>

Great source of things to do with people who have similar interests.



# Dorot USA

<https://www.dorotusa.org>

**A NYC non-profit that offers  
great online programming like  
HSC/CFPA.**

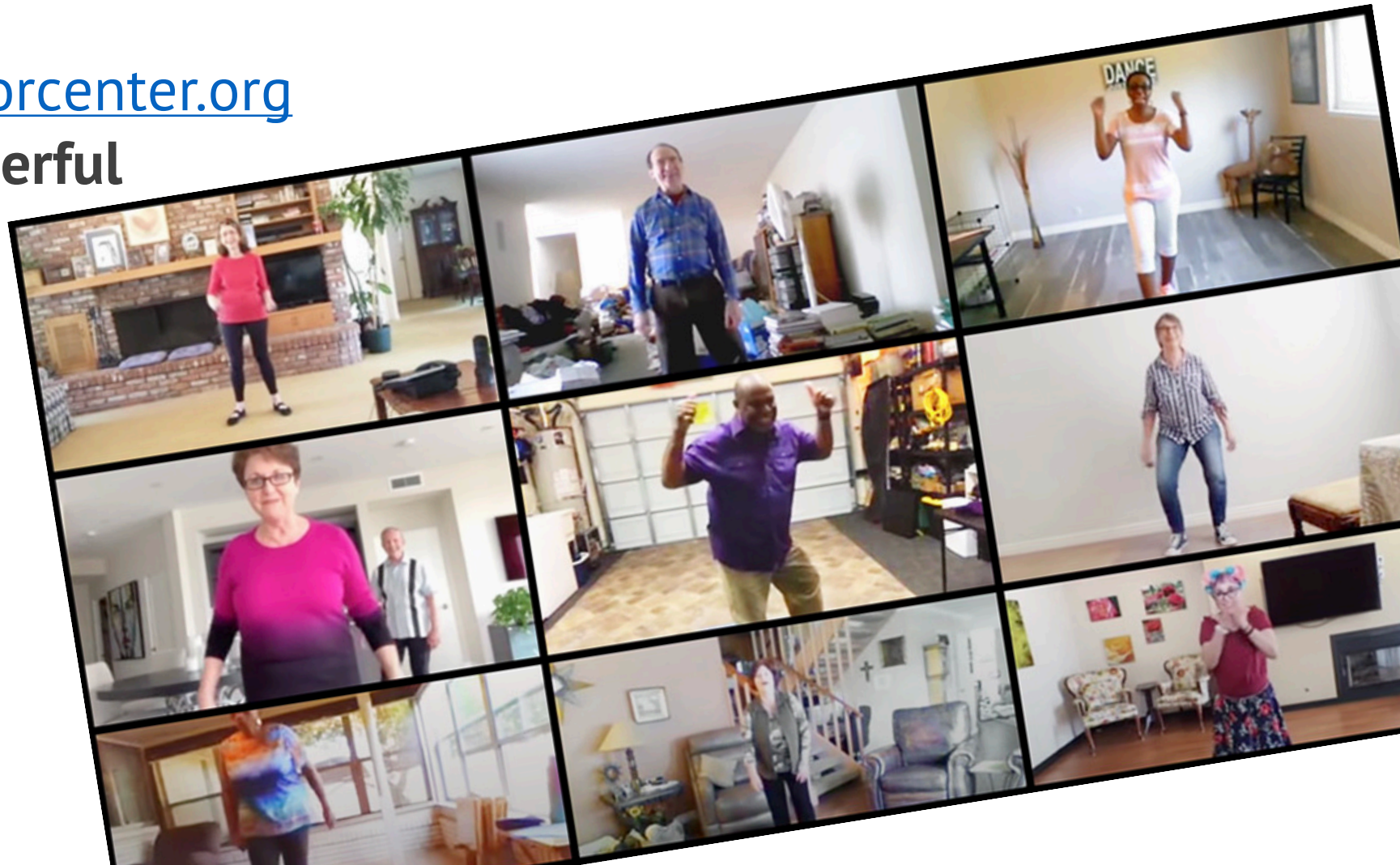




# HSC/CFPA

<https://hollywoodseniorcenter.org>

HSC/CFPA offers wonderful  
programming choices



# Local Parks and Neighborhood Walks

<https://www.portland.gov/parks>

Many local parks include  
classes, events and concerts





# Travel Oregon

[https://forms.traveloregon.com/  
domestic-visitors-guide](https://forms.traveloregon.com/domestic-visitors-guide)

**Offers free publications  
delivered right to your mailbox  
or download them online.**





# Older Adult Travel Ideas Q&A



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